



A Conceptual Approach to Architectural Design & the Prevention of Post Traumatic Stress Disorder (PTSD)

(Pre-Trauma Prevention)

The focus of this project was to use the renaissance ideal of *disegno* and apply it architecturally to a contemporary, real-world problem; the prevention of PTSD. This project looks at ways to train soldiers to prevent or reduce the impact of PTSD before trauma occurs. During the term of the project there were no fixed goals other than generating, recording and developing ideas and noting where points of convergence in thinking occur. These ideas generated words and phrases that were later used to create metaphors for possible architectural elements and solutions.

As a means of pre-programmatic thinking in architecture, this approach is valuable as it can facilitate an interdisciplinary or multidisciplinary approach and create an interface for sharing ideas with people outside our sphere of work.

